



Craniac Chow Recipe

(serves 100)

- 1 box Cocoa Puffs or generic brand
- 1 large box of Goldfish Crackers
- 2 packages of Craisins
- 3 batches of airpopped popcorn
- 3 packages of Gummy Worms
- 1 large package of sunflower seeds

Make individual servings in plastic dixie cup size containers. Attach labels to the cups. Each cup contains (5-6 Cocoa Puffs, 6-8 Goldfish crackers, 3-5 pieces of Craisins, 1 Gummy Worm, a small pinch of sunflower seeds, fill the remainder of the cup with popcorn.